

FINAL ANNOUNCEMENT

12th Continuing Professional Development (CPD) Series:

'Diabetes Asia 2013' Conference

October 24 – 27, 2013
Kuala Lumpur, Malaysia

CONFERENCE VENUE
Palace of the Golden Horses
Jalan Kuda Emas, Mines Resort City,
43300 Seri Kembangan, Selangor, Malaysia



Organised by:

NADI NATIONAL
DIABETES
INSTITUTE
CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

Endorsed by:



Secretariat 'DIABETES ASIA 2013' Conference
National Diabetes Institute (NADI)
No. 1 Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA
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NADI Continuing Professional Development Series

Prevalence of diabetes mellitus, especially of Type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) annually since its inception in 2002.

In 2008, this CPD was expanded as 'Diabetes Asia' Conference (DAC) Series to emphasise the uniqueness of diabetes presentation and management in Asians.

Objectives of the Conference

The Continuing Professional Development (CPD) Series as "Diabetes Asia 2013" Conference aim to help improve management of diabetes with emphasis on recent advances and the practical aspects of diabetes care. Participants are expected to be able to:

- appreciate recent advances and the practical aspects of diabetes care.
- understand ways of ensuring early diagnosis and optimal management for good control of diabetes, complications and associated diseases
- apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers & MMed. students
- Pharmacists
- Nutritionists and Dieticians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Other healthcare professionals involved in diabetes care

CONFERENCE AWARDS (CASH PRIZES)

**"Young Investigators' Award"
for Free Paper Presentation**
Best Award: RM 3,000/-
Second Award: RM 2,000/-
Third Award: RM 1,000/-

"Best Oral Presentation Award"
Best Award: RM 2,000/-
Second Award: RM 1,000/-
Third Award: RM 750/-

"Best Poster Presentation Award"
Best Award: RM 1,500/-
Second Award: RM 1,000/-
Third Award: RM 500/-

* A Certificate of Award will also be presented to the winners
THE JUDGES' DECISION IS FINAL. No further correspondence is allowed



The Conference will emphasise on **recent advances** in the understanding and care of diabetes, its complications and related diseases.

Organising Committee

Patron

YABhg. Tun Dr. Mahathir Mohamad

Advisors

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Professor Dato' Anuar Zaini Md Zain

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Ms. Yasmin Rahimi

Audiovisual

Mr. Zamri Husin

Social Programmes

Ms. Azizah Mohd Noor

Programme Coordinator

Ms. Nadiah Fackeer Mohamad

Events Coordinator

Ms. Alamiah Zakaria

Invited Conference Speakers *

International Faculty:

- 1. Professor Antonio Ceriello** (*Confirmed*)
Professor of Endocrinology, University of Udine, Italy
Chair of Diabetes and Cardiovascular Disease EASD Study Group
Member of the Board of the International Diabetes Federation Europe
- 2. Professor Hannele Yki Järvinen** (*Confirmed*)
Head of the Division of Diabetes,
Helsinki University Central Hospital
Professor of Medicine, University of Helsinki, Finland
- 3. Professor Lesley Campbell AM**
Professor of Medicine, University of New South Wales,
Director, Diabetes Centre, Senior Staff Specialist,
Department of Endocrinology, St Vincent's Hospital Sydney,
NSW, Australia
- 4. Professor Luc Van Gaal** (*Confirmed*)
Professor of Medicine
Head Department of Endocrinology, Diabetology and Metabolism
Antwerp University Hospital, Belgium
- 5. Professor Mike J. Sampson**
Consultant Diabetologist,
Norfolk and Norwich University Hospital, UK
Chairman of Joint British Diabetes Societies
- 6. Professor M. Zaman Shaikh** (*Confirmed*)
Director of National Institute of Diabetes & Endocrinology
Professor of Medicine, Dow University of Health Sciences, Pakistan
- 7. Professor Philip Raskin** (*Confirmed*)
Professor of Medicine, Clifton and Betsy Robinson Chair in
Biomedical Research
The University of Texas Southwestern Medical Center
Director, Diabetes Clinic, Parkland Memorial Hospital, Dallas, USA
- 8. Professor Shigeo Kono**
Clinical Professor of Medicine
Kyoto University Graduate School of Medicine
Director in WHO – Collaborative Centre for Diabetes
National Hospital Organization, Kyoto Medical Centre, Japan
- 9. Professor Xiao-Hui Guo**
Director
Endocrinology Department, Peking University First Hospital
Deputy Director of Peking University Diabetes Center,
PUHSC, China
- 10. Dr. S. M. Sadikot** (*Confirmed*)
President-Elect, International Diabetes Federation (IDF)
President Diabetes India
Consultant in Endocrinology,
Jaslok Hospital and Research Center, Mumbai, India
- 11. Professor Sung Woo Park**
Division of Endocrinology and Metabolism,
Department of Internal Medicine
Kangbuk Samsung Hospital,
Sungkyunkwan University School of Medicine, Seoul, Korea
- 12. Professor Ronald CW Ma**
Endocrinologist,
Professor, Department of Medicine and Therapeutics,
Chinese University of Hong Kong
Honorary Consultant, Prince of Wales Hospital, Hong Kong

**Subject to confirmation*

Local Faculty:

Local experts in diabetes and Key Opinion Leaders (KOLs) in related disciplines have been invited to complement International Faculty for the Conference

Conference Outline*

24 Oct 2013			25 Oct 2013			26 Oct 2013			27 Oct 2013	
THURSDAY			FRIDAY			SATURDAY			SUNDAY	
(0700 – 0830) REGISTRATION FOR CONFERENCE						(0730-0830) Breakfast Symposium [Booked by Servier]				
(0830 – 0930)			(0830 – 0930)			(0830 – 0930) Special Lecture 1 [Booked by AstraZeneca]			(0830 – 0930)	
Plenary 1A	Plenary 1B		Plenary 3A	Plenary 3B					Plenary 5A	Plenary 5B
Coffee Break (0930 – 1000)			Coffee Break (0930 – 1000)			Coffee Break (0930 – 1000)			Coffee Break (0930 – 1000)	
(1000 – 1200)			(1000 – 1200)			(1000 – 1200)			(1000 – 1200)	
Main Symposium 1A	Main Symposium 1B	Main Symposium 1C	Main Symposium 2A	Main Symposium 2B [Booked by sanofi]	Main Symposium 2C [Booked by Eli Lilly]	Main Symposium 4A [Booked by Novo Nordisk]	Main Symposium 4B [Booked by MSD]	Main Symposium 4C	Main Symposium 6A	Main Symposium 6B
(1220 – 1320)			(1220 – 1320)						(1220 – 1300) "Free Paper Presentations Awarding Ceremony" - Oral - Poster - Young Investigators'	
Lunch Symposium 1 [Booked by Pfizer]			Lunch Symposium 2 [Booked by BI-Lilly]			Friday Prayers			(1220 – 1320) Lunch Symposium 3 [Booked by Servier]	
(1320-1400) Lunch			(1320-1400) Lunch			(1320 – 1400) Lunch			(1300 – 1400) Lunch	
(1400 – 1600) Experts' Case Discussion			(1400 – 1600)			(1400-1600)			(1400) End of Conference	
1	2	3								
Free Paper Presentations										
1		2	Main Symposium 3A	Main Symposium 3B	Main Symposium 3C	Main Symposium 5A [Booked by Astra-Zeneca]	Main Symposium 5B	Main Symposium 5C		
Break (1600 – 1630)			Break (1600 – 1630)			Break (1600 – 1630)				
(1630-1715)			(1630-1715)			(1630-1715) Special Lecture 2 [Booked by Novartis]				
Plenary 2A	Plenary 2B		Plenary 4A	Plenary 4B						

*Subject to change

Scientific Programme*

Plenary Topics:

1. Recent Guidelines in Diabetes Management: Better?
2. New Cardio- and Neuroprotective Aspects of Incretin-based Therapies
3. Diabetic Complications: Roles of Glucose Variability and Oxidative Stress
4. Beta Cell Function Preservation in Type 2 Diabetes (T2DM)
5. The Epidemic of Diabetes – Can We Stop the Tsunami?
6. New Directions in the Treatment of Type 2 Diabetes: Meeting the Unmet Needs
7. Intrauterine Programming and Risk of Diabetes and Other Chronic Diseases
8. Genomics and Proteomics for Early Diagnosis and Novel Treatment of Diabetes
9. NAFL Disease and Ectopic Fat: A New Problem in Diabetes Management
10. Diabetes Drug Safety: Where is the Compromise?

"Young Investigators' Award"

Participants are invited for "Young Investigators' Award" which is open to those accepted for **oral presentation** with the following criteria **:

1. Age 35 years or less (at the time of submission)
2. Main researcher (> 60% contribution) of an original research for the paper to be presented
3. First author of the paper
4. Paper presenter at the Awarding Ceremony

Please fill in the **Declaration Form.

Free paper presentation

Free paper presentation is open to all aspects (both clinical and basic science research) relating to diabetes, its complications and co-morbidities.

Participants are encouraged to submit free papers for **oral or poster presentation**. Please refer to the attached paper "Call for Free Paper Abstracts" for instruction. **Closing date for free paper abstract submission is August 31, 2013**
Free paper presentation will be judged for either the "Young Investigators' Award", "Best Oral Presentation Award" or "Best Poster Presentation Award". An awarding ceremony will be held at the end of the Conference.

Symposium Themes/Topics include:

THEME 1: *Diabetes and the Brain*

- Topics:** 1.1 Early detection of anxiety and depression in people with diabetes
1.2 Cognitive dysfunction in diabetics: clinical implications
1.3 Practical guidance in coping psychological stress of living with chronic diabetes

THEME 2: *Diabetes in the Extremes of Life*

- Topics:** 2.1 Challenges in managing diabetes in the elderly: what targets?
2.2 Diabetes in the Young: T1 or T2?
2.3 Managing diabetes in pre-schoolers

THEME 3: *Protein Glycation in Diabetics*

- Topics:** 3.1 Monitoring Recommendations - ADA, IDF, NICE: where is the evidence?
3.2 HbA1c in different populations: implications for diagnosis and treatment
3.3 Protein glycation ex-HbA1c: new options for glycaemic monitoring?

THEME 4: *Gestational Diabetes Mellitus and Overt Diabetes in Pregnancy*

- Topics:** 4.1 Implications of diagnosis of overt diabetes in pregnancy
4.2 Oral hypoglycemic agents in pregnancy: ready for prime time?
4.3 A Malaysian guidelines for GDM?
4.4 Role of CGM in Pregnancy

THEME 5: *Alternative and Complementary Therapies in Prevention & Management of Diabetes*

- Topics:** 5.1 Very low calorie diets (VLCD): a cure for diabetes?
5.2 Yoga: postures & practice
5.3 Omega-3 fatty acids: a role in prevention or management?
5.4 Sleep: a novel behaviour target for prevention & control of diabetes

THEME 6: *Type 1: Recent Advances in the Prevention & Management*

- Topics:** 6.1 Advances in insulin pump technology
6.2 Stem cell and Islet transplants: current status and future directions
6.3 Preventing Type 1 Diabetes: clinical trials update

THEME 7: *Diabetes and the Gut*

- Topics:** 7.1 The Gut-Brain talk in diabetes
7.2 "Cure" of T2DM with bariatric surgery: is weight loss the reason?
7.3 Modifying Gut Microbiota: a novel approach to prevention & control of diabetes?

THEME 8: *Advances in Diabetic Micro- and Macrovascular Complications*

- Topics:** 8.1 Evidence-based individualisation of diabetes treatment: the what and why
8.2 Prevention of macrovascular diseases: is hyperglycaemia the culprit?
8.3 The 'step by step': improving diabetic foot care in the developing countries

THEME 9: *Prevention & Diagnosis*

- Topics:** 9.1 New agents to prevent diabetes
9.2 Diabetes prevention programmes: cost-effective?
9.3 Diagnosing diabetes: how good are the markers?

THEME 10: *New Drugs for Type 2 Diabetes*

- Topics:** 10.1 Long-Acting GLP-1: Bydureon and Others
10.2 Longer-acting insulin analogues: how good?
10.3 SGLT2-Inhibitors ("Gliflozins"): when and how to use

THEME 11: *Co-morbidities of Diabetes*

- Topics:** 11.1 New guidelines for management of lipids in diabetes
11.2 Targeting blood pressure in diabetic patients: what is new?
11.3 Diabetic nephropathy: a CVD burden in diabetics

THEME 12: *In-Patient Diabetes Care*

- Topics:** 12.1 Blood glucose and in-patient morbidity and mortality
12.2 In-patient management of glycaemia: critically-ill and non-critical patients
12.3 Experiences with a Malaysian protocol for DKA management

Special Lectures Sponsored by:

1. AstraZeneca Sdn Bhd
2. Novartis Corporation (Malaysia) Sdn Bhd

Breakfast Symposium Sponsored by:

1. Servier Malaysia Sdn Bhd

Sponsored Main Symposia by:

1. sanofi-aventis (Malaysia) Sdn. Bhd.
2. Eli Lilly (Malaysia) Sdn Bhd
3. Novo Nordisk Pharma (M) Sdn Bhd
4. Merck Sharp & Dohme (Malaysia) Sdn Bhd
5. AstraZeneca Sdn Bhd

Lunch Symposium Sponsored by:

1. Servier Malaysia Sdn Bhd
2. Pfizer (Malaysia) Sdn Bhd
3. Alliance of BI-Lilly

Meet The Experts Sessions:

1: Managing GDM 2: Overcoming Clinical Inertia 3: Challenges in the Management of Type 1 Diabetes (T1DM)

**Subject to change*

Registration & Fees

Registration form is enclosed with **this FINAL ANNOUNCEMENT**.

Completed form must be returned with the registration fee to the **Conference Secretariat** by mail or fax.

Registration fee covers admission to all NADI Conference sessions and trade exhibition, Conference materials, Conference lunches and tea/coffee breaks. The fees are as follows:

International Delegates

REGISTRATION	Early Bird Before July 31, 2013	After July 31, 2013
Delegate	USD400	USD500
Postgraduate Student*	USD350	USD450
Paramedic / Allied Health	USD350	USD450

* Official endorsement from institution is required.

Local Delegates (subsidised rates)

REGISTRATION	Early Bird Before July 31, 2013	After July 31, 2013
Delegate	RM850	RM950
Postgraduate Student*	RM800	RM900
Paramedic / Allied Health	RM800	RM900

Please register early to enjoy "Early Bird" discount for registration.

Registration fee should be made payable to: **National Diabetes Institute**

Accommodation

Special room rates have been arranged for the conference participants from October 24 - 27, 2013 at the following hotels:

- **Palace of the Golden Horses (Conference Venue)**
- **Sun Inns Hotel**
- **Mines Wellness Hotel**
- **Nouvelle Hotel**

Participants are advised to reserve their hotel accommodation early, **Please specify that you wish to book as a participant of the National Diabetes Institute Conference in order to qualify for the special rates offered. Please refer to the accompanying leaflet for detail.**

Disclaimer:

The National Diabetes Institute or its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further information and updates regarding the Conference, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Azizah / Ms. Nadiah)

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or visit our website:

www.diabetesmalaysia.com.my

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) of Malaysia is established to provide a dedicated and comprehensive service for diabetics, to prevent and control diabetes and its complications.

NADI is a **non profit organisation** managed by a Board of Trustees comprising of representatives from the Malaysia Endocrine and Metabolic Society (MEMS), Malaysian Diabetes Association (PDM), Ministry of Health (MOH), Founding and Elected members with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to create and maintain a National Diabetes Registry
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to coordinate and conduct research in diabetes and related conditions
- to be the national reference as well as the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases



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